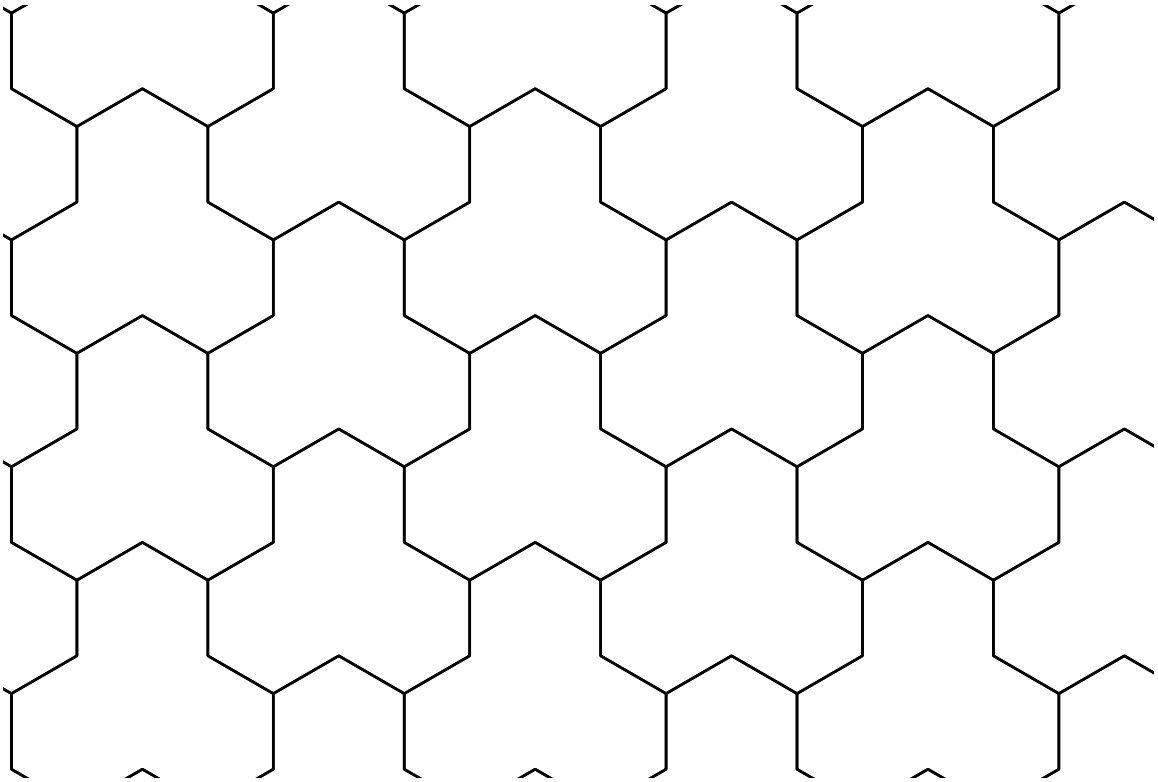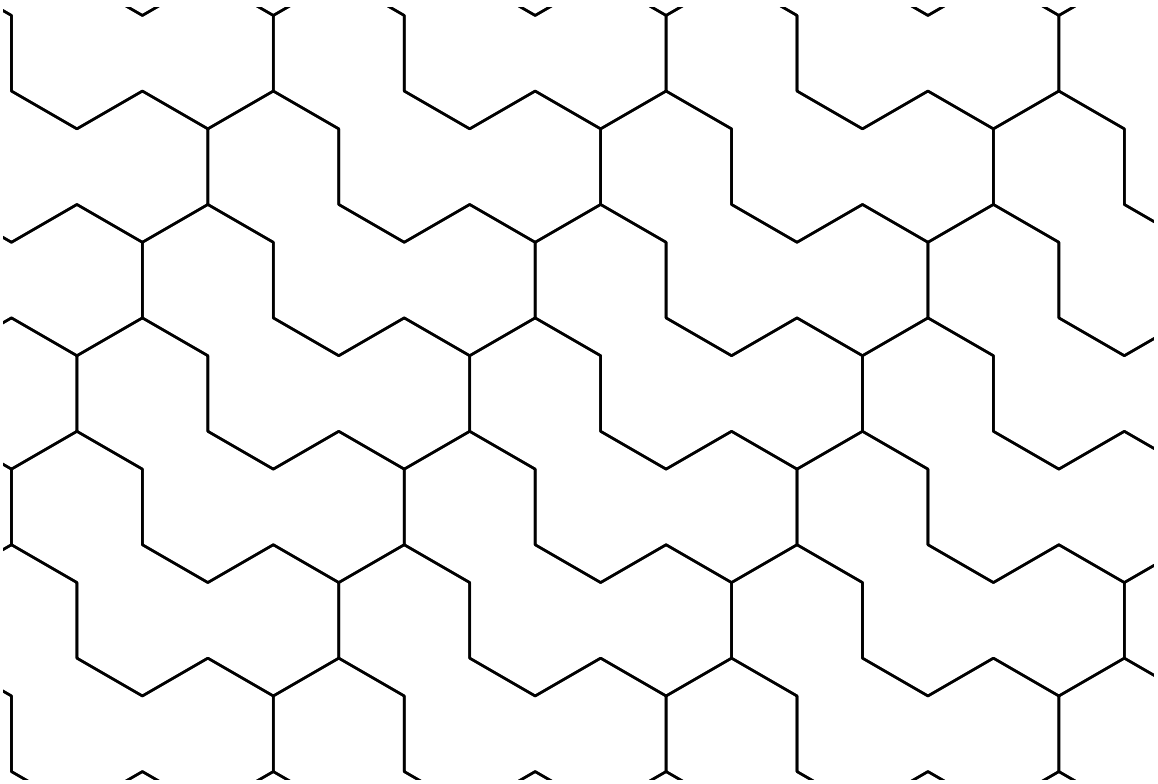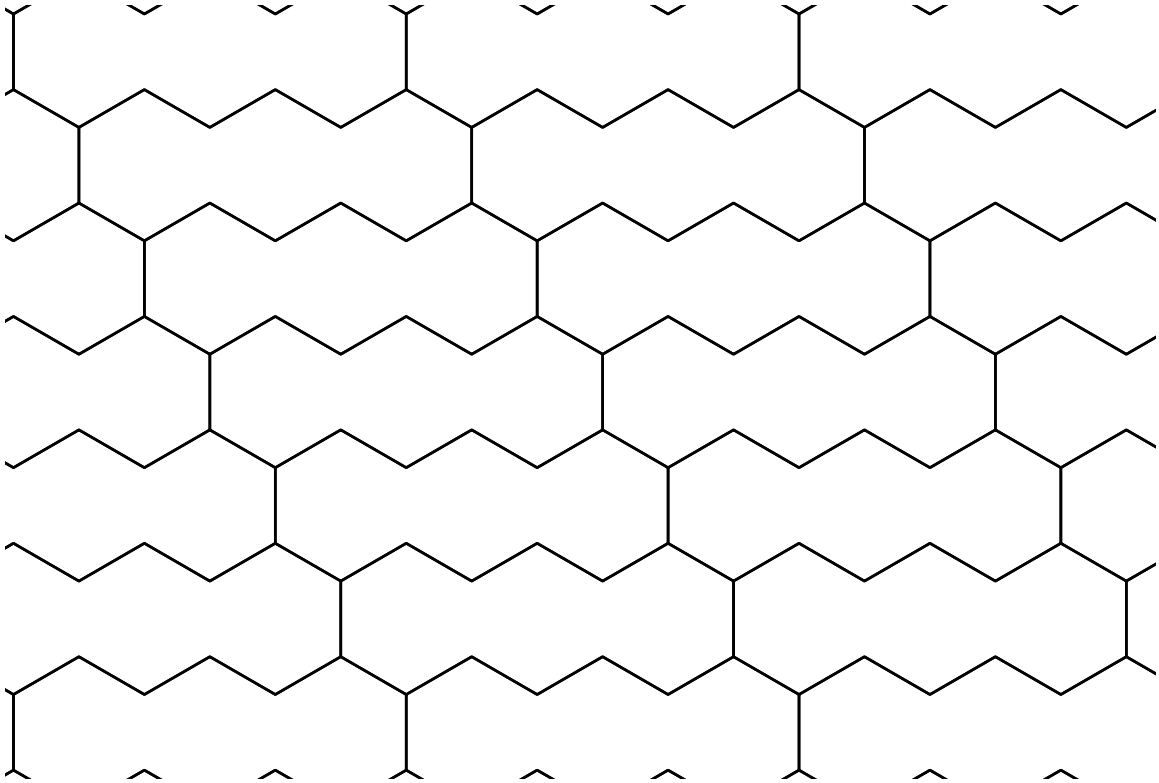Translation tilings by 3-hexes